1. Impact on the individual and family: The individual may not be able to do physical activity because they cannot breathe as well. They may also be held back from the fear of having an asthma attack.
2. Impact on the family: The impact on the family is that they will have to use a lot of time to bring the asthma patient in for check outs, and appointments. The family members may also be hesitant to let the person with asthma participate in strenuous activity.

4. What I learned/3 WOW’s

New information learned:

1. 95% of children with persistent asthma still have symptoms into adulthood
2. Boys are twice as likely to develop asthma than females, but the exact reason is unknown.
3. Many children grow out of asthma

<http://www.medicinenet.com/asthma/article.htm>

<http://kidshealth.org/teen/diseases_conditions/respiratory/asthma.html>